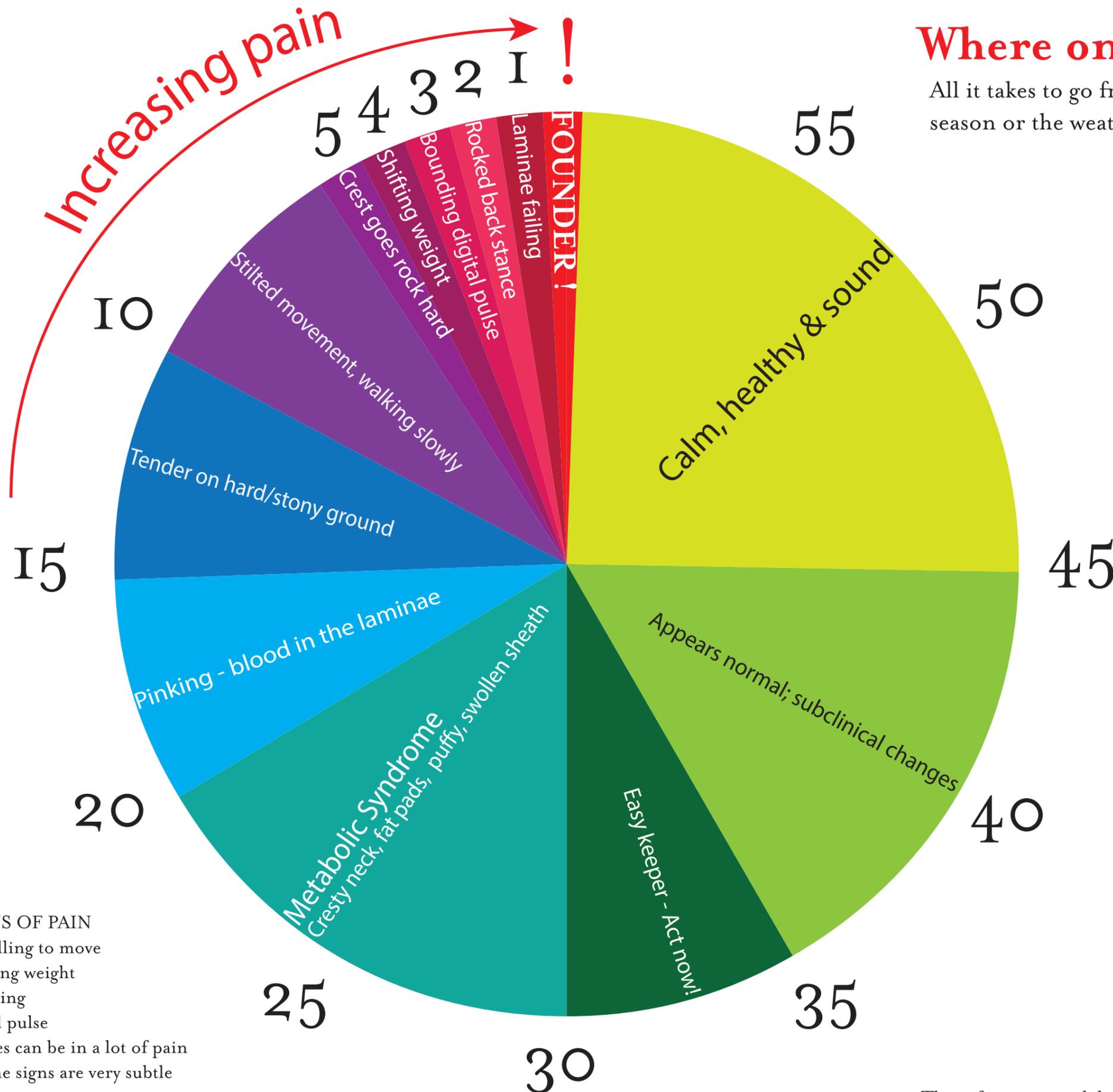


# The Doomsday Clock for Grass Related Laminitis

## Where on the clock is your horse?

All it takes to go from 15 to 0 is a change in the grass due to the season or the weather



## STOP the Clock!

**35** mins - Increase exercise

**30** mins - Move horse to a dry lot now!

**25** mins - Take steps to drastically lower sugar & potassium intake (soak hay, no grains

lucerne, clover, soy or molasses)

**20** mins - Double-bag the hay

**15** mins - Ensure soft footing

**10** mins - Ice the hooves & call the vet for pain relief

**5** mins - You will need time off work - your horse now needs intensive care

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SIGNS OF PAIN  
 Unwilling to move  
 Shifting weight  
 Sweating  
 Rapid pulse  
 Horses can be in a lot of pain  
 but the signs are very subtle